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| INITIAL SELF-ASSESSMENT FOR LEARNERS  Toolkit for Learning Mobility – UNIT 1 | | | | |
| Name and surname | | Country | | |
|  | | | | |
| **Competences** | *Can I? / Am I able to?* | | *Am I interesting in being able to do this?* | |
| YES | NO | YES | NO |
| Plan in autonomy a period of stay abroad |  |  |  |  |
| Manage my stereotypes in order to limit their influence on my behaviour |  |  |  |  |
| Express my needs and mediate with other participants’ ones |  |  |  |  |
| Foresee my needs and plan an adequate answer in another country |  |  |  |  |
| Communicate in an intercultural environment |  |  |  |  |
|  | | | | |
| Are you interested in acquiring any additional knowledge, skills and/or competences to those listed above? | | | | |