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| FINAL SELF-ASSESSMENT FOR LEARNERS  Toolkit for Learning Mobility - UNIT 1 | | | | | | |
| Name and surname | | | Country | | | |
| **How would you rate your level regarding the competences acquired in this Unit?** | | | | | | |
| **Competences** | 1 | 2 | | 3 | 4 | 5 |
| poor | fair | | good | very good | excellent |
| Plan in autonomy a period of stay abroad |  |  | |  |  |  |
| Manage my stereotypes in order to limit their influence on my behaviour |  |  | |  |  |  |
| Express my needs and mediate with other participants’ ones |  |  | |  |  |  |
| Foresee my needs and plan an adequate answer in another country |  |  | |  |  |  |
| Communicate in an intercultural environment |  |  | |  |  |  |
|  | | | | | | |
| Are you interested in acquiring any additional competences to those listed above? | | | | | | |